

KINESIOLOGY (BS)

Degree Requirements

PETE Concentration total program: 60 semester hours

HHP Concentration total program: 53 semester hours

Athletic Training Concentration total program: 60 semester hours

Prerequisite Requirement

4 semester hours

- BIOL 343 Human Anatomy

Core Requirements

26 semester hours

Code	Title	Semester Hours
KINE 001	Fitness for Life	2
KINE 201	Foundations of Kinesiology	4
KINE 323	Biomechanics	4
KINE 345	Research Methods & Design	4
KINE 355	Anatomical Kinesiology	4
KINE 456	Physiology of Exercise	4
KINE 456L	Physiology of Exercise Lab	0
KINE 499	Senior Project	4
Select one of the following concentrations:		23-30
PETE Concentration		
HHP Concentration		
Total Semester Hours		49-56

PETE Concentration

30 semester hours

Code	Title	Semester Hours
KINE 210	Skill Themes and Movement Concepts	2
KINE 211	Using Sport & Physical Activity to Teach Personal & Social Responsibility	2
KINE 212	Teaching Games to Enhance Physical Literacy	2
KINE 213	Enhancing Physical Literacy through Sport Education	2
KINE 214	Promoting Lifelong Fitness	2
KINE 215	Methods and Practices of Teaching Gymnastics and Dance	2
KINE 250	Introduction to Adapted Physical Education	4
KINE 330	Elementary Physical Education	4
KINE 333	Curriculum and Organization in Physical Education	4
KINE 390	Motor Behavior	4
KINE 460	Philosophy of Physical Education and Athletics	2
Total Semester Hours		30

HHP Concentration

23 semester hours

Code	Title	Semester Hours
KINE 390	Motor Behavior	4
A minimum of 3 Instructional Activity Courses ¹		0-3
KINE electives (upper-division courses)		8
A minimum of 8 semester hours of Advisor-approved related coursework		8
Total Semester Hours		20-23

¹

KINE 002 Step Aerobics-KINE 048 Fundamentals of Water Polo.

Athletic Training (AT) Concentration: 30 semester hours

The Athletic Training Concentration for the Kinesiology Major is designed for students who are interested in a pathway towards becoming a certified athletic trainer. Athletic trainers are healthcare providers who work with patients in a variety of settings including: college and universities, high schools, hospitals and rehabilitation clinics, performing arts centers, fitness and recreation sports centers. In order to attain Athletic Training BOC certification, an individual must complete a Professional level athletic training education program accredited by the Commission on Accreditation of Athletic Training Education (CAATE) and pass the BOC certification exam.

Students in the AT Concentration may be eligible to apply to the Masters of Science in Athletic Training (MSAT) program; additionally they may be eligible to use graduate MSAT credits to fulfill the undergraduate degree.

The Athletic Training 3-2 program is designed for students interested in becoming certified athletic trainers and allows students to complete their Bachelors of Science in Kinesiology and Masters of Science in Athletic Training (MSAT) in 5 years. Athletic trainers are healthcare providers who work with patients in a variety of settings including: college and universities, high schools, hospitals and rehabilitation clinics, performing arts centers, fitness and recreation sports centers.

Please refer to the Master of Science in Athletic Training (MSAT) program for MSAT admission requirements and additional information.