

PSYCHOLOGY (PSY)

PSY 101 Principles of Psychology

Surveys basic concepts and principles in psychology. Emphasizes the organism as an adapting system.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 102 Psychology as a Career

The course will be comprised of didactics on a broad array of career options in Psychology, as well as the requirements and process of applying to graduate school. In addition, the course will feature guest speakers from the community who are professionals in the field and are engaged in the activities the students may be interested in. The course will also allow for faculty across the department to come in and introduce themselves and their research interests to the students, which will further facilitate student engagement in the Undergraduate Research Mentorship Program. Credit/No Credit only. Not challengeable.

Semester Hours: 2

PSY 199 Independent Study

Student-designed courses approved by a faculty member. Prior approval of goals, objectives, procedures, and assessment plan as directed in the Independent Study Manual is required. May be taken multiple times with a different topic for credit. Not challengeable.

Grade Mode: Letter, Credit/No Credit

Semester Hours: 1-4

PSY 303 Learning and Behavior Change

Prerequisite: Completion of PSY 101 or equivalent, and Written Communication B

Principles of learning and behavior modification, their application to personal and social problems, and ethical issues.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 305 Statistics

Prerequisite: Completion of MATH 102 or Quantitative Reasoning or Maple Math Test A with a minimum score of 16 or Maple Math Test B with a minimum score of 11 or Guided/Directed Math Placement with a minimum score of 20

Introduces basic concepts and applications of descriptive and inferential statistics.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 306 Cognitive Psychology

Prerequisite: Completion of PSY 101 or equivalent, and Written Communication B

Experimental and theoretical approaches to topics in perception, information processing, and other cognitive processes.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 307 Child Psychology and Development

Physical, cognitive, social, and emotional development of the child from conception through adolescence. 15 hours of fieldwork required. Also EDUC 350.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 308 Social Psychology

Prerequisite: Completion of Written Communication B and completion of PSY 101 or equivalent

Focuses on the interaction of society, culture, and personality in socialization, perceptions, attitude formation, and behavior. Includes altruism, aggression, group processes, leadership, and the mass media. Also SOC 340.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 312 Psychological Disorders

Prerequisite: Completion of PSY 101 or equivalent and completion of Written Communication B

The etiology, symptoms, diagnosis, and treatment of mental disorders.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 316 Personality Theory & Research

Prerequisite: PSY 101 or equivalent and Written Communication B

Surveys theory and research regarding description, development, and dynamics of personality.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 320 Advanced Statistics and Design

Prerequisite: Completion of PSY 101 or equivalent, Written Communication B, PSY 305, and PSY 395

Reviews basic statistical concepts of central tendency and variance. Provides advanced computational and IBM SPSS program training in both single factor and factorial analysis of variance designs. Letter grade only. Not challengeable.

Semester Hours: 4

PSY 327 Health Psychology

Prerequisite: Completion of RCS 111 or Written Communication B

Explores psychological factors in health maintenance and illness prevention and in recovery or adjustment to ongoing illness. The mind-body relationship.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 375 Community Psychology

Prerequisite: Completion of PSY 101 or equivalent, and Written Communication B

Examines psychological and ecological theories as they relate to psychosocial problems in living. Studies the individual interacting in social systems. Focuses on understanding and application of the conceptual paradigms found in community psychology theory, research, and practice.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 390 Research Methods

Prerequisite: Completion of PSY 101 or equivalent, Written Communication B, and must have a B- or better in PSY 305 Statistics or equivalent

Methodology and research design in the behavioral sciences, including qualitative and quantitative methods. May be taken for letter grade only.

Grade Mode: Letter, Audit

Semester Hours: 4

PSY 395 Computer Data Analysis

Prerequisite: Completion of RCS 111 or Written Communication B, and must have a B- or better in PSY 305 Statistics or equivalent

Teaches basics of computer programs in the Statistical Package for Social Science (SPSS). Emphasizes descriptive and inferential statistics in analyzing behavioral science data. Can be taken for letter grade only.

Grade Mode: Letter, Audit

Semester Hours: 2

PSY 399 Independent Study

Student-designed courses approved by a faculty member. Prior approval of goals, objectives, procedures, and assessment plan as directed in the Independent Study Manual is required. May be taken multiple times with a different topic for credit. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 1-4

PSY 400 History of Psychology

Prerequisite: Completion of PSY 101 or equivalent, Written Communication B, and Junior or Senior Standing
Major ideas, conception, and points of view that have shaped psychological thought: Psychoanalytical, Behavioristic, Gestalt, Phenomenological, and selected modern theories.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 404 Experimental Psychology

Prerequisite: Completion of PSY 101 or equivalent, Written Communication B, PSY 305, PSY 390, and PSY 395

This course is designed to provide you with the necessary concepts, tools, and procedures to enable you to conduct experimental research in Psychology and communicate the results of this research effectively. This course represents the culminating activity for students in the Psychology Department and includes an empirically-oriented experimental project approved by the instructor.

Semester Hours: 4

PSY 405 Behavioral Neuroscience

Prerequisite: Completion of Written Communication B, and PSY 101 or equivalent, or BIOL 101

Structure and function of integrated, sensory, motor, and glandular systems in relation to behavior. Perception, learning, motivation, and memory.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 407 Life-Span Development

Psychological development over the lifespan; optimum patterns of life, and biological and social conditions that influence development.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 408 Adolescent Psychology

Prerequisite: Completion of Written Communication B and PSY 101 or equivalent

Transition period between childhood and adulthood. Major biological events, societal expectations, and responsible adulthood.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 409 Multicultural Psychology

Prerequisite: Completion of Written Communication B and PSY 101 or equivalent

Examines cultural factors such as race, ethnicity, gender, language, and sexual orientation in basic psychological concepts. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 422 Substance Abuse

Prerequisite: Completion of RCS 111 or Written Communication B

Basic issues in substance abuse and addiction; role of the counselor; psychological, social, and medical aspects of addiction.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 429 Counseling and Interviewing Skills

Prerequisite: Completion of Written Communication B and PSY 101 or equivalent

Major schools of theory and application of counseling and interviewing skills.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 430 Forensic Psychology

Prerequisite: PSY 101 and Written Communication B

This course covers basics of Forensic Psychology. Topics to be covered include psychotherapy, the diagnosis of mental disorders as they relate to criminology, criminal profiling, sexual abuse, competency to stand trial, the insanity defense, the death penalty, and other subjects relevant to an understanding of mental health and the law. This course will also cover related DSM mental illness classification, special populations, and the cultural contexts within which criminality and psychopathology occur. Letter grade only. Not challengeable.

Semester Hours: 4

PSY 439 Industrial-Organizational Psychology

Prerequisite: Completion of RCS 111 or Written Communication B

Psychological and behavioral concepts and theories related to behavior in organizational settings.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 450 Selected Topics

Prerequisite: Completion of RCS 111 or Written Communication B

Presents various topics relevant to psychology in the instructor's area of expertise. May be taken multiple times with a different topic for credit.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 458 Stress Management

Understanding stress, how it affects an individual's physical and mental health, and techniques for dealing with stressful situations.

Grade Mode: Letter, Credit/No Credit, Letter, Credit/No Credit, Audit
Semester Hours: 4

PSY 497 Internship

Prerequisite: Completion of Written Communication B and PSY 101 or equivalent

Applies behavioral science theoretical principles and methods under supervision of working professionals. For majors in the behavioral sciences. Requires Junior standing. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Letter
Semester Hours: 1-4

PSY 499 Senior Thesis

Prerequisite: Completion of PSY 390

Culminating activity required by majors in all departments. Papers/theses/projects researched, prepared, and written under the guidance of a faculty member. Comprehensive exams or recitals required in some departments. Academically, Students must be in Good Standing to enroll in 499. May be taken for letter grade only. Not challengeable.

Semester Hours: 4

PSY 502 Research Methods in Counseling

Examines qualitative and quantitative research methods used in counseling and marriage and family therapy. Includes experimental and descriptive approaches, single and multiple subject designs, outcomes assessment, and program evaluation.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 506 Human Sexuality

Prerequisite: Completion of PSY 516 and PSY 517

Examines human sexuality including physiological, psychological, and sociocultural variables associated with the development of sexual identity, sexual behavior, and sexual disorders. Not Challengeable.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 1

PSY 507 Human Development

Reviews developmental physiology, social-psychological factors in personality development, behavior patterns, and interactional capacity through life cycle.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 509 Psychology Testing

Prerequisite: Completion of PSY 512, PSY 516, and PSY 517

Reviews theories and applications of commonly used psychological tests for family and individual assessment. For MFT and Counseling (Concentration) students only.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 512 Clinical Psychopathology

Reviews etiology, evaluation, diagnosis, and treatment of specific clinical disorders, their relevance to counseling, and dysfunctions within marital and family relationships. Applies current DSM for marriage and family therapists. For MFT students only. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 516 Counseling Theories & Skills I

Reviews family systems, psychological and medical paradigms of counseling theories and both techniques and skills associated with these theoretical orientations. For MFT and General Counseling (concentration) students only.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 517 Counseling Theories & Skills II

Prerequisite: Completion of PSY 516

Continuation of the review of family systems and psychological paradigms of counseling theories and both techniques and skills associated with these theoretical orientations. Common therapy factors covered. For MFT and General Counseling (concentration) students only.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 518 Family Therapy

Prerequisite: Completion of PSY 517

Reviews theories and techniques of family therapy from a family systems perspective and applies them to diverse family systems, populations, and cultural settings. For MFT students only. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 519 Couples Therapy

Prerequisite: Completion of PSY 518

Reviews theories and techniques of couple therapy from a family systems perspective. Reviews developmental patterns and diverse types of couple relationships. For MFT students only.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 521 Child Therapy

Prerequisite: Completion of PSY 516 and PSY 517

Reviews theories and techniques of child therapy. Includes practical applications, demonstrations, and case studies. For MFT students only.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 2

PSY 522 Group Counseling

Prerequisite: Completion of PSY 516 and PSY 517 OR PSY 524 and PSY 525

Reviews theories and techniques of group counseling and their applications for individual, family, and couple groups. Includes in-class group experience.

Grade Mode: Letter, Credit/No Credit, Audit
Semester Hours: 3

PSY 523 Multicultural Counseling

Reviews culture-specific and culture-general content and skills, cultural miscommunications, ethnic identity issues, and majority-minority interpersonal relationships in professional settings. Explores cultural self-awareness, self-identify, and beliefs.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 3

PSY 527 Professionalism, Ethics, and Law in Counseling

Reviews current professional issues, laws, legal systems, and ethical guidelines relevant to counseling and marriage and family therapists. Develops professional awareness and identity. For MFT and Counseling (Concentration) students only. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 3

PSY 528 Substance Abuse Counseling

Prerequisite: Completion of PSY 512, PSY 516, and PSY 517
This course reviews etiology, diagnosis, treatment, and prevention of various types of substance abuse, including alcohol, prescription medications, and controlled substances. Addresses impact of substance use and abuse on individuals, families, couples, and special populations.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 3

PSY 530 Violence and Abuse in Family Systems

Prerequisite: Completion of PSY 516 and PSY 517
Reviews historical, psychological, and family systems' perspectives on domestic violence, physical and sexual child abuse and neglect, and other patterns of familial violence. Examines diagnosis, treatment, and prevention strategies. Can be taken for letter grade only.

Grade Mode: Letter, Audit

Semester Hours: 2

PSY 534 Psychopharmacology

Prerequisite: Completion of PSY 516 and PSY 517 AND PSY 510 or PSY 512
Examines the use of psychotropic medications in the treatment of various psychological disorders. Emphasizes psychotherapist's role and the interaction with psychotherapy. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 3

PSY 536 Counseling Older Adults

Prerequisite: Completion of PSY 507, PSY 515, PSY 516, or PSY 524
This course reviews normal aspects of the aging process as well as special issues, theories, and treatment with an older adult population. May be taken for letter grade only.

Grade Mode: Letter, Audit

Semester Hours: 1

PSY 542 Working with Clients' Anger Issues

Prerequisite: Completion of PSY 516
Reviews theoretical explanations of anger, assessment tools and best practice approaches to treatment inclusive of a recovery model. Not challengeable.

Grade Mode: Letter, Credit/No Credit

Semester Hours: 1

PSY 543 Grief and Loss Counseling

Prerequisite: Completion of PSY 512 and PSY 516
Reviews unique aspects of grief and loss counseling, including types of grief, assessment and culturally sensitive best practice approaches to treatment. Not challengeable.

Semester Hours: 1

PSY 544 Trauma Focused Treatment

Prerequisite: Completion of PSY 512, PSY 516, and PSY 517
Reviews psychological disorders stemming from trauma. Reviews diagnostic criteria, presentation of symptoms and best practice treatment. Not challengeable.

Semester Hours: 1

PSY 545 Working with Anxiety Disorders

Prerequisite: Completion of PSY 512, PSY 516, and PSY 517
Reviews best practice treatment approaches to anxiety disorders. Theoretical explanations for anxiety, the recovery model paradigm and consumer directed treatment will be reviewed. Not challengeable.

Semester Hours: 1

PSY 550 Community Mental Health Counseling

Prerequisite: Completion of PSY 512, PSY 516, and PSY 517
Reviews community mental health systems of care. Explores concepts/constructs of community resources, and public and private support services for the severely mentally ill. Not challengeable.

Grade Mode: Letter, Credit/No Credit

Semester Hours: 3

PSY 580 Supervised Fieldwork in Marriage, Family, and Child Therapy I

Prerequisite: Completion of PSY 512, PSY 516, PSY 517, PSY 527 and PSY 595
Approved placements in marriage and family therapy professional settings. Acquisition and application of advanced theories and techniques of marriage and family therapy. Requires a specific amount of supervised experience. For MFT students only.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 3

PSY 581 Supervised Fieldwork in Marriage, Family, and Child Therapy II

Prerequisite: Completion of PSY 580
Continuation of 580 for MFT students only. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 3

PSY 584 Supervised Fieldwork Continuation

Prerequisite: Completion of PSY 581 or PSY 583
A continuation of PSY 581/583 for MFT & Counseling (concentration) students only. Allows students to continue traineeship duties with faculty instruction. May be taken multiple times for credit. May be taken for credit/no credit only. Not challengeable.

Grade Mode: Credit/No Credit, Audit

Semester Hours: 1

PSY 590 Selected Topics

Selected topics in counseling and marriage and family therapy. May be taken multiple times with a different topic for credit. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 1-3

PSY 591 Writing Seminar for Psychology Graduate Students

Aids graduate students in psychology to develop a strong academic and professional voice using the precept-seminar format. Can be taken for credit/no credit only.

Grade Mode: Credit/No Credit, Audit

Semester Hours: 0

PSY 595 Competency Exam

Verification of the student's competence in the subject matter of required courses. Not challengeable.

Grade Mode: Credit/No Credit, Letter

Semester Hours: 0

PSY 596 Graduate Seminar

Prerequisite: Completion of PSY 502 and completed application for Advanced Standing

Culminating activity for MFT and Counseling (Concentration) students. Design and completion of topic in student's area of professional interest and expertise. May be taken for credit/no credit only. Not challengeable.

Grade Mode: Credit/No Credit, Audit

Semester Hours: 3

PSY 599 Graduate Independent Study

Student-designed courses approved by a faculty member. Prior approval of goals, objectives, procedures, and assessment plan as directed in the Independent Study Manual is required. May be taken multiple times with a different topic for credit. Not challengeable.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 1-4

PSY 605 Advanced Statistics I

Reviews analysis of variance and covariance, simple effects analyses, factorial designs, and the use of SPSS for these statistical techniques. Can be taken for letter grade only. Not challengeable.

Semester Hours: 3

PSY 605L SPSS Lab I

This course serves as an adjunct to PSY 605, Advanced Statistics I, which is taken concurrently. The lab is intended to give students hands-on exposure to statistical techniques, with an emphasis on using the SPSS computer program for statistical analysis. Can be taken for credit/no credit only. Not challengeable.

Grade Mode: Credit/No Credit, Audit

Semester Hours: 1

PSY 608 Cognitive and Intellectual Assessment

Reviews cognitive and intellectual assessments for children and adolescents. Examines impact of cultural diversity on intellectual assessment. Can be taken for letter grade only. Not challengeable.

Semester Hours: 3

PSY 612 Advanced Psychopathology

Examines the etiology and classification of psychological disorders, and theoretical and controversial issues concerning these disorders. Can be taken for letter grade only. Not challengeable.

Semester Hours: 3

PSY 615 Psychotherapy Efficacy and Outcome

Reviews assumptions and models of psychotherapy from historical, theoretical, and cultural perspectives. Examines the processes, types, and stages of psychotherapy, and research issues concerning the efficacy of psychotherapy. Can be taken for letter grade only. Not challengeable.

Semester Hours: 3

PSY 617 Professional Issues and Ethics

Reviews ethical guidelines and legal issues in professional psychology, and current professional issues in clinical-community psychology. Can be taken for letter grade only. Not challengeable.

Semester Hours: 3

PSY 623 Advanced Multicultural Competency I

Examines theory and research concerning the relationship between culture and individuals from a multidisciplinary perspective. Can be taken for letter grade only. Not challengeable.

Semester Hours: 3

PSY 643 Medical Psychology

Prerequisite: Completion of PSY 612 and PSY 615

Theory, research, and interventions used in health psychology and behavioral medicine. Not challengeable.

Semester Hours: 3

PSY 644 Counseling Older Adults

This course reviews normal aspects of the aging process as well as special issues, theories, and treatment issues with older adults. It is designed to meet State of California requirements for training in this area by psychologists. Can be taken for letter grade only.

Grade Mode: Letter, Audit

Semester Hours: 1

PSY 647 Advanced Group Psychotherapy

Prerequisite: Completion of PSY 615

Reviews theories, research, and interventions of group psychotherapy across diverse populations, settings, and psychological disorders. May be taken for letter grade only. Not challengeable.

Grade Mode: Letter, Audit

Semester Hours: 3

PSY 652 Child Abuse: Detection and Treatment

Reviews detection, assessment, reporting, and interventions for child, elder, and spouse/partner abuse. The course is designed to satisfy licensure requirements for psychologists within the State of California. Can be taken for letter grade only. Not challengeable.

Semester Hours: 1

PSY 653 Advanced Human Sexuality

Reviews theories of sexual development and treatment of sexual disorders, and psychosocial and cultural variables associated with these issues. The course is designed to satisfy licensure requirements for psychologists within the State of California. Can be taken for letter grade only. Not challengeable.

Grade Mode: Letter, Audit

Semester Hours: 1

PSY 654 Domestic Violence

This course reviews literature and perspectives on psychological issues related to domestic violence. It includes issues affecting women, men, couples, and families. The course is designed to satisfy licensure requirements for psychologists within the State of California. Can be taken for letter grade only.

Grade Mode: Letter, Audit

Semester Hours: 1

PSY 660 Competency Exam

Completion of clinical competency examination. Can be taken for credit/no credit only. Not challengeable.

Grade Mode: Credit/No Credit, Audit

Semester Hours: 0

PSY 680A Full-Time Internship I

Prerequisite: Completion of PSY 656, PSY 660, and PSY 662

First semester of students' full-time supervised internship experience in a program approved clinical setting. May be taken for credit/no credit only. Not challengeable.

Grade Mode: Credit/No Credit, Audit

Semester Hours: 5

PSY 680B Internship II Full-Time

Prerequisite: Completion of PSY 680A

Completion of students' full-time internship experience culminating in completion of 1500 clock hours of supervised psychological services in a program approved clinical setting. May be taken for credit/no credit only. Not challengeable.

Grade Mode: Credit/No Credit, Audit

Semester Hours: 5

PSY 688 PsyD Program Continuance

One unit continuous enrollment in the PsyD program in clinical psychology.

Semester Hours: 1

PSY 689 PsyD Program Continuance

Two unit continuous enrollment in the PsyD program in clinical psychology.

Semester Hours: 2

PSY 690A Selected Topics/Electives in Clinical Psychology

Selected topics in clinical-community psychology. May be repeated for different topics.

Grade Mode: Letter, Credit/No Credit, Audit

Semester Hours: 4

PSY 699 Independent Study

Student-designed courses approved by a faculty member. Prior approval of goals, objectives, procedures, and assessment plan as directed in the Independent Study Manual is required. May be taken multiple times with a different topic for credit.

Grade Mode: Letter, Credit/No Credit

Semester Hours: 1-4